

Race Date  
June 22, 2019

2019 Rock the Run 5K  
Age Group Results

**5K**

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sydney Hillyard	13	281	18	27:32.7	8:53/M

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Blake Hillyard	16	282	1	19:12.0	6:12/M

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## Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brendan Cassiday	11	60	19	27:55.8	9:00/M
2	Nick Long	12	287	35	34:09.7	11:01/M

## Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Faith Waggoner	17	299	37	35:21.3	11:24/M
2	Mackenzie Cassiday	18	59	43	36:36.0	11:48/M

## Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dawson Block	19	319	3	19:54.1	6:25/M
2	Tyler Swope	18	298	10	24:10.8	7:48/M
3	Thomas Thurston	16	309	13	25:24.4	8:12/M
4	Patrick Gaffney	15	320	38	35:33.7	11:28/M
5	Luke Bowers	19	53	44	36:36.9	11:48/M

## Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Wade Kyser	22	318	8	23:56.4	7:43/M
2	Wyatt Kyser	22	317	11	24:36.7	7:56/M

## Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brentt Moore	27	291	9	23:56.6	7:43/M
2	Sam Ray	29	316	16	26:35.4	8:35/M

## Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sarah Cartner	30	56	45	37:37.7	12:08/M

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## Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Shawn Brady	34	54	30	31:28.9	10:09/M

## Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sarah Hillyard	38	280	21	28:44.8	9:16/M

## Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Time Meyers	39	72	2	19:43.8	6:22/M

## Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jennifer Curry	41	65	40	36:05.4	11:38/M
2	Victoria Mansfield	44	288	47	40:16.5	12:59/M

## Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Gage Norem	43	305	4	21:08.7	6:49/M
2	Brad Mason	44	289	41	36:05.8	11:38/M
3	Shane Curry	44	64	49	43:45.8	14:07/M

## Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Pam Paporone	49	310	28	31:14.7	10:05/M
2	Laura Long	48	286	32	32:19.3	10:25/M
3	Billie Laurenti	47	284	36	35:13.0	11:22/M
4	Tracy Fast	47	67	51	59:10.5	19:05/M

## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Scott McColl	49	290	5	23:19.8	7:31/M

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## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2	Daniel Pennington	45	293	6	23:37.2	7:37/M
3	Stephen Long	48	285	25	30:05.3	9:42/M
4	Joseph Gaffney	47	70	29	31:28.3	10:09/M
5	Arthur Clark	48	321	39	35:52.3	11:34/M

## Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rose Pittello	50	295	33	32:29.2	10:29/M
2	Cathy Fornes	54	68	48	41:25.0	13:22/M

## Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Donald Naymik	54	292	7	23:39.4	7:38/M
2	Allen Vaccarelli	51	30	15	26:32.2	8:34/M
3	John Cassidy	52	58	24	29:29.3	9:31/M
4	Jerry Chapman	50	311	27	30:14.5	9:45/M
5	Michael Fornes	50	69	31	31:50.9	10:16/M

## Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Leslie Christensen	57	307	20	27:58.0	9:01/M

## Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeff Sibley	58	296	14	25:36.3	8:15/M
2	Scott Young	55	315	17	27:14.6	8:47/M
3	Kevin Christensen	56	306	23	29:27.2	9:30/M
4	Steve Yeoman	55	303	34	32:52.6	10:36/M
5	Bob White	59	300	42	36:24.5	11:45/M
6	Tim Yoder	57	304	50	57:53.1	18:40/M

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#### Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Linda Black	69	52	22	29:08.5	9:24/M
2	Nancy Pettigrew	65	294	26	30:12.4	9:45/M
3	Mary Jo Shaw	60	314	46	39:10.8	12:38/M
4	Anne Snyder	60	322	52	59:11.9	19:05/M

#### Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Bitecofer	63	51	12	24:39.0	7:57/M