

2019 Shine the Light 5K

Race Date
April 13, 2019

Overall Finish List

5K

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Monnie McBride	970	44	M	1: Overall	19:33.2	6:18/M
2	Gary Pavlik	209	52	M	2: Overall	22:13.7	7:10/M
3	Gurdial Singh	300	58	M	3: Overall	23:46.4	7:40/M
4	Mike Coss	252	62	M	1: 60-64	24:15.5	7:49/M
5	Jeremiah Groenke	1004	11	M	1: 0-14	26:53.1	8:40/M
6	Joe Pavlick	205	14	M	2: 0-14	29:16.4	9:26/M
7	Kaur Sherl Preet	490	25	F	1: Overall	29:35.5	9:33/M
8	Wiley Wolfe	250	61	M	2: 60-64	30:16.3	9:46/M
9	Jeff Gioitta	282	57	M	1: 55-59	30:41.1	9:54/M
10	Monica McBride	615	32	F	2: Overall	30:44.1	9:55/M
11	John Trohoske	213	67	M	1: 65-99	31:12.5	10:04/M
12	Karen Johnson	491	49	F	3: Overall	31:25.8	10:08/M
13	Carlee Bedford	613	10	F	1: 0-14	32:05.0	10:21/M
14	Lauren Smearcheck	211	34	F	1: 30-34	32:06.8	10:21/M
15	Robert May	210	67	M	2: 65-99	33:30.2	10:48/M
16	Rob Doty	240	59	M	2: 55-59	34:27.1	11:07/M
17	Kamal Preet Kaur	448	22	F	1: 20-24	35:36.3	11:29/M
18	Christina Janus	40	50	F	1: 50-54	36:29.2	11:46/M
19	Brandon DuPont	246	7	M	3: 0-14	37:06.3	11:58/M
20	Cindy Meyer	244	59	F	1: 55-59	39:53.6	12:52/M
21	Pam Wolfe	251	63	F	1: 60-64	39:53.7	12:52/M
22	Dale Mcgaffic	214	66	M	3: 65-99	40:54.0	13:12/M
23	Crystal Mcgaffic	215	63	F	2: 60-64	41:48.9	13:29/M
24	Erin DuPont	248	31	F	2: 30-34	44:09.9	14:15/M
25	Joe Meyer	242	67	M	4: 65-99	49:33.8	15:59/M
26	Heather Stayanchi	1002	38	F	1: 35-39	56:29.7	18:13/M
27	Ben Stayanchi	1001	7	M	4: 0-14	56:38.8	18:16/M