

Race Date
May 13, 2017

2017 Nordonia Duathlon

Overall Results

Duathlon

Place	Name	Bib	Age	2.5M		T1		10M			T2		2.5M		Total Time		
				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time		Pace	Rnk
1	Joshua Barry	10	43	2	14:52.5	5:57	3	0:30.8	1	26:37.6	22.5	2	0:26.2	3	15:37.3	6:15	58:04.7
2	Pete Finnerty	44	34	1	14:29.4	5:48	7	0:37.9	3	28:02.9	21.4	10	0:33.2	1	15:13.1	6:05	58:56.7
3	Mike Ammonet	43	43	4	15:39.6	6:16	11	0:44.5	2	27:25.3	21.9	6	0:29.6	4	16:14.3	6:30	1:00:33.6
4	Bill Biscoff	63	52	3	15:30.9	6:12	15	0:55.2	5	30:11.5	19.9	18	0:47.0	2	15:36.4	6:14	1:03:01.2
5	Mitch Schrader	40	47	5	16:17.9	6:31	13	0:46.8	4	29:29.5	20.4	13	0:36.4	5	16:17.6	6:31	1:03:28.5
6	Mike Kosteniuk	4	50	6	16:29.7	6:36	1	0:24.9	9	32:24.7	18.5	14	0:38.3	10	17:37.9	7:03	1:07:35.7
7	Peter Heizer	15	44	10	17:03.2	6:49	18	0:58.4	8	32:01.8	18.7	15	0:42.0	8	17:26.9	6:58	1:08:12.4
8	Josiah Poore	27	43	11	17:13.8	6:53	9	0:41.8	7	31:44.9	18.9	16	0:44.6	14	18:36.7	7:26	1:09:02.0
9	Guy Gadowski	34	61	12	17:28.8	6:59	26	1:14.1	6	31:40.4	18.9	27	1:02.5	11	17:42.9	7:05	1:09:09.0
10	Derrick Castello	3	35	7	16:43.5	6:41	22	1:10.0	11	33:31.1	17.9	30	1:10.6	6	16:55.4	6:46	1:09:30.8
11	Elizabeth Poore	26	41	13	17:30.8	7:00	2	0:29.2	16	35:24.1	16.9	1	0:21.4	12	17:49.4	7:08	1:11:35.1
12	Pamela Semanik	2	52	14	18:40.7	7:28	17	0:58.4	10	33:11.9	18.1	26	0:54.0	13	18:21.5	7:20	1:12:06.5
13	Kevin Peacock	8	41	8	16:50.5	6:44	4	0:32.6	20	37:38.3	15.9	8	0:30.1	7	17:11.0	6:52	1:12:42.7
14	John Schuld	39	59											35	1:13:00.0	29:12	1:13:00.0
15	Kelly McCrone	9	40	9	17:01.7	6:48	12	0:46.2	24	38:42.4	15.5	4	0:28.3	9	17:35.8	7:02	1:14:34.5
16	Angela Ridgel	13	46	16	19:03.4	7:37	6	0:37.8	15	34:34.2	17.4	9	0:31.4	18	19:54.9	7:58	1:14:41.9
17	Kelly Baker	38	38	15	18:42.6	7:29	25	1:13.6	14	34:22.8	17.5	28	1:06.5	16	19:32.1	7:49	1:14:57.8
18	Steve Zenar	64	38	18	19:23.8	7:45	8	0:40.9	18	35:30.9	16.9	21	0:51.2	17	19:54.3	7:58	1:16:21.3
19	Craig Wightman	12	44	19	19:34.5	7:50	16	0:57.5	12	34:13.2	17.5	31	1:15.2	26	22:20.6	8:56	1:18:21.1
20	Neal Hazen	65	57	17	19:22.0	7:45	33	1:59.3	17	35:30.8	16.9	33	1:44.7	19	19:55.8	7:58	1:18:32.7
21	Lauren Fairchild	5	33	20	19:35.6	7:50	32	1:52.8	23	38:22.2	15.6	29	1:10.2	20	19:56.0	7:58	1:20:56.9
22	Jennifer Varhola	11	37	27	21:23.6	8:33	27	1:17.1	19	36:47.2	16.3	3	0:27.7	23	21:52.1	8:45	1:21:47.9
23	Aimee Millward	62	49	23	20:42.1	8:17	31	1:36.1	21	38:03.1	15.8	25	0:53.2	25	21:58.2	8:47	1:23:12.7
24	John Plough	45	69	29	21:46.3	8:42	10	0:43.5	25	39:35.5	15.2	5	0:28.6	22	21:06.7	8:26	1:23:40.7
25	Gabrielle Horstman	36	35	30	21:47.8	8:43	23	1:10.5	22	38:11.1	15.7	19	0:48.6	24	21:53.5	8:45	1:23:51.7
26	Marcella Mattox	37	59	24	20:44.6	8:18	28	1:18.9	27	43:55.0	13.7	20	0:51.1	27	22:27.4	8:59	1:29:17.2
27	Dexter Vaughan	28	30	22	19:45.3	7:54	30	1:22.5	33	48:38.0	12.3	7	0:30.1	21	20:05.0	8:02	1:30:21.2
28	Larry Kracker	31	52	21	19:39.2	7:52	20	1:04.4	34	49:12.1	12.2	32	1:41.9	15	18:59.1	7:36	1:30:36.9
29	Shannon Groves	23	38	25	21:09.6	8:28	19	1:00.6	29	44:47.1	13.4	17	0:44.9	30	23:24.6	9:22	1:31:07.0
30	Steven Streitel	33	63	31	23:37.7	9:27	14	0:55.0	26	42:02.5	14.3	12	0:35.5	33	24:59.5	10:00	1:32:10.3
31	Robert Griffiths	7	29	34	24:46.0	9:54	34	2:42.8	13	34:17.1	17.5	34	1:57.1	34	28:42.1	11:29	1:32:25.2
32	James Nahra	17	49	26	21:19.4	8:32	29	1:20.1	28	44:32.5	13.5	24	0:52.9	31	24:50.6	9:56	1:32:55.7
33	Stacy Fening	29	42	28	21:26.7	8:34	5	0:33.3	32	48:16.3	12.4	11	0:34.5	28	23:10.5	9:16	1:34:01.5

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2017 Nordonia Duathlon
Overall Results

Duathlon

<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
34	Felicia Galant	66	41	32	24:09.8	9:40	24	1:11.5		30	47:02.3	12.8	23	0:52.9		29	23:19.3	9:20	1:36:36.0	
35	Michelle Talboo	32	47	33	24:10.3	9:40	21	1:07.7		31	47:07.2	12.7	22	0:52.5		32	24:57.5	9:59	1:38:15.3	

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2017 Nordonia Duathlon
Overall Results

Male Team

<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>2.5M</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>T1</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>10M</u> <u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>T2</u> <u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>2.5M</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>
1	TEAM Costello Cook	61	34	2	18:05.2	7:14	1	0:25.8		1	31:36.5	19.0	1	0:17.2		2	18:17.3	7:19	1:08:42.2
2	TEAM Jacob	1	55	1	15:43.5	6:17	2	0:32.6		2	40:12.8	14.9	2	0:22.0		1	15:42.9	6:17	1:12:34.0