

2016 Strides for Starfish

Race: 5K

# 5K Awards

Awards policy: GENDER, MASTERS

Generated by Gregg Genovese

on Jul 16, 2016 10:22:55am EDT

| <b>RANK</b> | <b>NAME</b> | <b>HOMETOWN</b> | <b>PR_DIV</b> | <b>AWARD TIME</b> | <b>PACE</b> | <b>BIB</b> |
|-------------|-------------|-----------------|---------------|-------------------|-------------|------------|
|-------------|-------------|-----------------|---------------|-------------------|-------------|------------|

## Female

|   |                 |       |              |             |       |      |
|---|-----------------|-------|--------------|-------------|-------|------|
| 1 | KELLY SUSTAR    | -, US | Female 30-39 | 00:23:36.04 | 07:36 | 1363 |
| 2 | ABBY SILVESTER  | -, US | Female 20-29 | 00:24:07.20 | 07:46 | 1335 |
| 3 | KATHY STEINMETZ | -, US | Female 30-39 | 00:24:47.62 | 07:59 | 1371 |

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| RANK | NAME | HOMETOWN | PR_DIV | AWARD TIME | PACE | BIB |
|------|------|----------|--------|------------|------|-----|
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**Female 1-14**

|   |                    |       |             |             |       |      |
|---|--------------------|-------|-------------|-------------|-------|------|
| 1 | MEGHAN MCDOUGALL   | -, US | Female 1-14 | 00:27:07.39 | 08:44 | 1372 |
| 2 | AVA RALSTON        | -, US | Female 1-14 | 00:29:28.23 | 09:30 | 1329 |
| 3 | MICHELLE MCDOUGALL | -, US | Female 1-14 | 00:30:57.71 | 09:58 | 1326 |

**Female 20-29**

|   |                           |                  |                         |                        |                  |                 |
|---|---------------------------|------------------|-------------------------|------------------------|------------------|-----------------|
|   | <del>ABBY SILVESTER</del> | <del>-, US</del> | <del>Female 20-29</del> | <del>00:24:07.20</del> | <del>07:46</del> | <del>1335</del> |
| 1 | LINDSEY SKONIECZNY        | -, US            | Female 20-29            | 00:30:57.44            | 09:58            | 1338            |
| 2 | LAUREN SKONIECZNY         | -, US            | Female 20-29            | 00:31:00.14            | 09:59            | 1337            |
| 3 | KRISTIN ARMBRUST          | -, US            | Female 20-29            | 00:38:40.45            | 12:27            | 341             |

**Female 30-39**

|   |                            |                  |                         |                        |                  |                 |
|---|----------------------------|------------------|-------------------------|------------------------|------------------|-----------------|
|   | <del>KELLY SUSTAR</del>    | <del>-, US</del> | <del>Female 30-39</del> | <del>00:29:36.04</del> | <del>07:36</del> | <del>1363</del> |
|   | <del>KATHY STEINMETZ</del> | <del>-, US</del> | <del>Female 30-39</del> | <del>00:24:47.62</del> | <del>07:59</del> | <del>1371</del> |
| 1 | NIKKI SCOPE                | -, US            | Female 30-39            | 00:26:02.59            | 08:23            | 1334            |
| 2 | LISA VANRAEPENBUSCH        | -, US            | Female 30-39            | 00:30:20.97            | 09:47            | 1368            |

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| <b>RANK</b> | <b>NAME</b> | <b>HOMETOWN</b> | <b>PR_DIV</b> | <b>AWARD TIME</b> | <b>PACE</b> | <b>BIB</b> |
|-------------|-------------|-----------------|---------------|-------------------|-------------|------------|
| 3           | JEN BARKER  | -, US           | Female 30-39  | 00:30:50.85       | 09:56       | 1207       |

### Female 40-49

|   |                              |                  |                         |                        |                  |                 |
|---|------------------------------|------------------|-------------------------|------------------------|------------------|-----------------|
|   | <del>JACQUELINE MARINO</del> | <del>-, US</del> | <del>Female 40-49</del> | <del>00:27:07.99</del> | <del>08:44</del> | <del>1321</del> |
| 1 | JULIE LAWSON                 | -, US            | Female 40-49            | 00:29:43.50            | 09:35            | 1382            |
| 2 | MELISSA RALSTON              | -, US            | Female 40-49            | 00:31:01.66            | 10:00            | 1330            |
| 3 | AMY TAYLOR                   | -, US            | Female 40-49            | 00:31:36.72            | 10:11            | 1365            |

### Female 50-99

|   |               |       |              |             |       |      |
|---|---------------|-------|--------------|-------------|-------|------|
| 1 | ANN SILVESTER | -, US | Female 50-99 | 00:27:36.28 | 08:54 | 1336 |
|---|---------------|-------|--------------|-------------|-------|------|

### Male

|   |                   |       |            |             |       |      |
|---|-------------------|-------|------------|-------------|-------|------|
| 1 | JUSTIN GRABFELDER | -, US | Male 20-29 | 00:22:19.62 | 07:12 | 1308 |
| 2 | NICK BALLI        | -, US | Male 20-29 | 00:23:09.52 | 07:28 | 1204 |
| 3 | LOUIS DUPLAGO     | -, US | Male 30-39 | 00:24:07.95 | 07:47 | 1292 |

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| RANK | NAME | HOMETOWN | PR_DIV | AWARD TIME | PACE | BIB |
|------|------|----------|--------|------------|------|-----|
|------|------|----------|--------|------------|------|-----|

### Male 1-14

|   |                  |       |           |             |       |      |
|---|------------------|-------|-----------|-------------|-------|------|
| 1 | FRANKIE SUSTAR   | -, US | Male 1-14 | 00:29:33.36 | 09:31 | 1350 |
| 2 | CHARLIE SUSTAR   | -, US | Male 1-14 | 00:35:23.43 | 11:24 | 1349 |
| 3 | COLIN FITZGERALD | -, US | Male 1-14 | 00:44:12.13 | 14:14 | 1304 |

### Male 15-19

|   |                 |       |            |             |       |      |
|---|-----------------|-------|------------|-------------|-------|------|
| 1 | RYAN FITZGERALD | -, US | Male 15-19 | 00:43:33.02 | 14:02 | 1306 |
|---|-----------------|-------|------------|-------------|-------|------|

### Male 20-29

|   |                              |                  |                       |                        |                  |                 |
|---|------------------------------|------------------|-----------------------|------------------------|------------------|-----------------|
|   | <del>JUSTIN GRABFELDER</del> | <del>-, US</del> | <del>Male 20-29</del> | <del>00:22:19.62</del> | <del>07:12</del> | <del>1308</del> |
|   | <del>NICK BALLI</del>        | <del>-, US</del> | <del>Male 20-29</del> | <del>00:23:09.52</del> | <del>07:28</del> | <del>1204</del> |
| 1 | JUSTIN GRAMELY               | -, US            | Male 20-29            | 00:24:11.44            | 07:48            | 1375            |
| 2 | KYLE BREZOVEC                | -, US            | Male 20-29            | 00:31:00.50            | 09:59            | 1248            |

### Male 30-39

|  |                          |                  |                       |                        |                  |                 |
|--|--------------------------|------------------|-----------------------|------------------------|------------------|-----------------|
|  | <del>LOUIS DUPLAGO</del> | <del>-, US</del> | <del>Male 30-39</del> | <del>00:24:07.95</del> | <del>07:47</del> | <del>1292</del> |
|--|--------------------------|------------------|-----------------------|------------------------|------------------|-----------------|

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| <b>RANK</b> | <b>NAME</b>  | <b>HOMETOWN</b> | <b>PR_DIV</b> | <b>AWARD TIME</b> | <b>PACE</b> | <b>BIB</b> |
|-------------|--------------|-----------------|---------------|-------------------|-------------|------------|
| 1           | JIM SUSTAR   | -, US           | Male 30-39    | 00:28:09.94       | 09:04       | 1362       |
| 2           | ERIC EVANOO  | -, US           | Male 30-39    | 00:36:59.19       | 11:55       | 1302       |
| 3           | PATRICK BALL | -, US           | Male 30-39    | 00:38:39.49       | 12:27       | 1380       |

### Male 40-49

|   |                         |                  |                       |                        |                  |                 |
|---|-------------------------|------------------|-----------------------|------------------------|------------------|-----------------|
|   | <del>SCOTT SUSTAR</del> | <del>-, US</del> | <del>Male 40-49</del> | <del>00:29:34.34</del> | <del>09:32</del> | <del>1364</del> |
| 1 | RONALD RALSTON          | -, US            | Male 40-49            | 00:39:41.86            | 12:47            | 1333            |

### Male 50-99

|   |              |       |            |             |       |      |
|---|--------------|-------|------------|-------------|-------|------|
| 1 | THOMAS BALLI | -, US | Male 50-99 | 00:53:04.08 | 17:05 | 1205 |
| 2 | CHRIS STROK  | -, US | Male 50-99 | 00:53:10.43 | 17:07 | 1342 |

### Female Masters 40-99

|   |                   |       |              |             |       |      |
|---|-------------------|-------|--------------|-------------|-------|------|
| 1 | JACQUELINE MARINO | -, US | Female 40-49 | 00:27:07.99 | 08:44 | 1321 |
|---|-------------------|-------|--------------|-------------|-------|------|

### Male Masters 40-99

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| <b>RANK</b> | <b>NAME</b>  | <b>HOMETOWN</b> | <b>PR_DIV</b> | <b>AWARD TIME</b> | <b>PACE</b> | <b>BIB</b> |
|-------------|--------------|-----------------|---------------|-------------------|-------------|------------|
| 1           | SCOTT SUSTAR | -, US           | Male 40-49    | 00:29:34.34       | 09:32       | 1364       |