

Race Date
June 13, 2021

2021 Twinsburg Duathlon

Age Group Results

Individual

Female The Podium Winners

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	Nancy Dadas	24	39	1	13:23.2	6:42	1:06.3	1	28:46.1	20.9	1:03.7	2	14:21.5	7:11	58:41.0
2	10	Krysten Rothstein	106	32	2	13:29.4	6:45	0:50.5	3	33:15.1	18.0	0:43.9	1	14:01.5	7:01	1:02:20.5
3	11	Kendra Weekly	1	28	3	14:52.0	7:26	0:46.2	2	30:29.4	19.7	0:49.6	3	15:31.9	7:46	1:02:29.3

Male The Podium Winners

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Gabriel Piriz	95	40	3	11:50.3	5:55	0:30.9	1	26:45.6	22.4	0:29.7	3	12:56.6	6:28	52:33.3
2	2	Jason Zangmeister	142	35	1	11:40.8	5:50	0:28.8	2	30:19.8	19.8	0:39.0	1	12:06.4	6:03	55:14.9
3	3	Jonathan Zappala	2	32	2	11:42.9	5:51	0:29.1	3	31:33.3	19.0	0:34.6	2	12:29.2	6:15	56:49.3

Race Date
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2021 Twinsburg Duathlon

Age Group Results

Individual

Female 9 and Under

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	58	Brooke Ghilani	52		1	16:32.9	8:16	1:08.6	1	39:12.0	15.3	0:53.9	1	17:32.3	8:46	1:15:19.8

Female 10 to 19

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	61	mariam fahmy	38	18	1	56:02.1	28:01		1	36:08.0	16.6	24:17.0				1:15:31.3

Male 10 to 19

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	5	Colin LeVan	71	16	1	11:39.6	5:50	0:54.2	1	31:32.9	19.0	0:55.1	1	12:31.4	6:16	57:33.4

Female 20 to 29

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	39	Rachelle Fair	39	27	1	16:00.8	8:00	1:16.6	1	33:07.9	18.1	1:06.7	1	18:04.8	9:02	1:09:36.9
2	70	Emily DiLiberto	30	22	2	17:58.6	8:59	1:10.2	2	37:54.1	15.8	0:55.8	2	20:37.4	10:19	1:18:36.4
3	98	Colleen McCarty	80	28	3	19:27.9	9:44	1:50.4	3	43:36.0	13.8	1:33.4	3	23:06.3	11:33	1:29:34.3
4	107	Christie McFarland	82	26	4	27:21.7	13:41	1:38.8	4	44:14.1	13.6	2:40.6	4	26:23.9	13:12	1:42:19.3

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2021 Twinsburg Duathlon

Age Group Results

Individual

Male 20 to 29

Place			----2M Run ----			T1	----10M Bike ----			T2	----2M Run ----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	17	Joseph Zbasnik	144	28	1	13:39.1	6:50	1:59.1	2	32:07.8	18.7	1:20.7	1	15:14.0	7:37	1:04:20.8
2	42	Joe Buchtinec	12	26	5	18:12.1	9:06	1:49.1	3	32:13.9	18.6	1:46.3	3	17:29.8	8:45	1:11:31.4
3	46	Joshua Thomas	125	29	3	16:21.5	8:11	1:06.6	4	36:42.5	16.3	1:02.6	2	16:53.5	8:27	1:12:06.9
4	54	Jacob Laviano	70	23	2	15:31.5	7:46	1:28.3	5	37:33.1	16.0	1:31.2	5	17:54.6	8:57	1:13:58.9
5	59	Connor Mellinger	83	23	4	16:31.1	8:16	1:09.3	6	39:14.3	15.3	0:51.5	4	17:33.6	8:47	1:15:19.9
6	76	Sohang Patel	94	29	6	22:32.9	11:16	1:17.3	1	27:37.5	21.7	3:06.6	6	25:32.1	12:46	1:20:06.5
7	105	Evan Fullerton	49	28	7	22:51.3	11:26	1:48.7	7	42:00.9	14.3	2:19.0	7	26:12.2	13:06	1:35:12.2

Female 30 to 39

Place			----2M Run ----			T1	----10M Bike ----			T2	----2M Run ----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	23	Megan Palko	92	39	1	14:58.2	7:29	0:45.3	2	33:26.0	17.9	0:55.4	1	15:44.0	7:52	1:05:49.2
2	27	Caitlin Sapp	110	32	4	16:41.5	8:21	0:55.8	1	32:00.0	18.8	0:46.5	3	16:04.2	8:02	1:06:28.3
3	47	Erin Burns	13	34	6	17:29.7	8:45	1:22.6	4	34:42.9	17.3	1:02.0	4	17:37.9	8:49	1:12:15.3
4	48	Helen Rodriguez	104	37	3	16:40.8	8:20	0:57.7	3	34:37.9	17.3	0:55.3	5	19:06.5	9:33	1:12:18.5
5	49	Krystal Bable	6	36	2	15:21.2	7:41	2:02.2	5	37:19.9	16.1	1:47.8	2	16:03.1	8:02	1:12:34.5
6	91	Lianna Holub	57	34	8	19:21.2	9:41	1:03.1	8	45:10.8	13.3	1:06.6	6	21:03.7	10:32	1:27:45.5
7	94	Gina Francesangelo	44	31	7	19:18.5	9:39	1:01.4	7	43:18.9	13.9	2:00.1	8	23:01.1	11:31	1:28:40.1
8	102	Samantha Damstetter	26	36	9	22:41.3	11:21	1:33.3	6	40:01.0	15.0	1:50.7	9	24:46.8	12:23	1:30:53.3
9	112	Dana Eaton	34	34	5	17:13.3	8:37	0:58.3	9	49:48.3	12.0	38:45.0	7	22:07.6	11:04	2:08:52.7

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Age Group Results

Individual

Race Date
June 13, 2021

Male 30 to 39

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	7	Michael Arsena	5	32	3	13:24.5	6:42	1:08.0	2	29:29.1	20.4	0:49.5	2	14:40.7	7:20	59:31.9
2	8	Scott Kuboff	66	39	2	13:21.9	6:41	1:09.5	1	29:24.3	20.4	1:05.8	4	15:46.0	7:53	1:00:47.7
3	9	Alex Voigt	129	33	1	13:02.5	6:31	0:39.4	9	34:47.1	17.2	0:41.5	1	12:07.3	6:04	1:01:17.9
4	12	Daniel Rothstein	105	34	4	13:59.7	7:00	1:00.3	5	30:50.2	19.5	0:59.1	5	15:53.3	7:57	1:02:42.8
5	14	Torin Cone	23	37	8	16:07.3	8:04	1:12.0	3	29:33.6	20.3	1:30.9	3	14:42.6	7:21	1:03:06.6
6	22	Carlo Buzzetta	14	37	7	15:04.8	7:32	1:07.5	7	31:47.6	18.9	1:19.3	6	16:22.5	8:11	1:05:41.9
7	26	Hector Fontanet	43	35	10	16:42.4	8:21	0:53.8	4	30:24.4	19.7	0:43.6	9	17:41.5	8:51	1:06:25.9
8	29	Nick Dadas	25	39	5	14:37.3	7:19	1:19.0	8	33:43.6	17.8	0:55.6	8	17:17.9	8:39	1:07:53.6
9	38	Zac Tharp	124	33	11	17:17.5	8:39	1:25.5	6	31:43.8	18.9	1:16.0	10	17:45.7	8:53	1:09:28.6
10	44	Cody Garner	51	31	6	15:00.8	7:30	0:54.9	11	38:43.1	15.5	0:47.1	7	16:25.9	8:13	1:11:52.1
11	60	John Stouffer	121	38	12	17:45.4	8:53	1:18.0	10	36:53.5	16.3	1:18.2	11	18:11.5	9:06	1:15:26.8
12	92	STANLEY VAUGHN	127	35	13	18:11.3	9:06	1:05.4	14	45:06.1	13.3	1:22.9	13	22:04.4	11:02	1:27:50.3
13	95	Mike Francesangelo	46	36	14	19:18.9	9:39	1:02.0	12	43:15.0	13.9	1:51.9	14	23:12.6	11:36	1:28:40.7
14	96	Dan Berdella	10	39	9	16:19.4	8:10	1:33.1	15	51:09.3	11.7	0:51.8	12	18:51.0	9:26	1:28:44.8
15	108	Adam Reeder	101	32	15	27:19.8	13:40	1:44.8	13	44:08.5	13.6	2:43.9	15	26:22.1	13:11	1:42:19.3

Female 40 to 49

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	50	Pam Neckar	89	45	3	18:06.0	9:03	1:31.7	1	33:08.6	18.1	1:23.8	1	18:49.2	9:25	1:12:59.5
2	67	Kirsten Bardwell	9	40	1	17:49.5	8:55	1:26.1	5	37:19.5	16.1	2:06.2	2	19:01.3	9:31	1:17:42.8
3	71	Mary Schultz	111	41	4	18:29.8	9:15	1:51.8	2	36:04.8	16.6	2:06.4	4	20:19.5	10:10	1:18:52.6
4	78	TAMMY Lippillo	72	40	5	20:05.7	10:03	1:36.2	3	36:17.0	16.5	1:23.3	5	21:09.8	10:35	1:20:32.2
5	88	Sarah TG	123	42	2	17:52.6	8:56	1:07.5	7	46:57.9	12.8	1:26.4	3	19:04.1	9:32	1:26:28.7
6	93	Jacqueline Caputo	16	45	6	21:22.2	10:41	2:01.7	6	38:52.5	15.4	1:38.2	6	24:37.0	12:19	1:28:31.8

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Age Group Results

Individual

Race Date
June 13, 2021

Female 40 to 49

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
7	101	Erika Weliczko	133	48	7	24:59.5	12:30	1:24.7	4	36:21.3	16.5	1:41.0	7	26:22.6	13:11	1:30:49.3

Male 40 to 49

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	25	Stephen Williams	136	44	2	14:45.9	7:23	1:12.1	1	30:51.7	19.4	1:35.4	2	17:39.0	8:50	1:06:04.2
2	31	Steve Zenar	145	42	4	16:37.9	8:19	1:08.1	2	31:18.4	19.2	0:59.4	3	18:03.1	9:02	1:08:07.2
3	34	Tom Spayd	119	49	1	14:13.6	7:07	1:53.3	5	36:02.8	16.7	1:26.2	1	15:07.7	7:34	1:08:43.8
4	45	Kevin Schultz	112	41	3	16:30.4	8:15	1:07.7	4	34:48.4	17.2	1:20.5	4	18:10.7	9:05	1:11:57.9
5	65	Steven Wolken	139	45	5	17:35.3	8:48	1:20.1	7	38:29.4	15.6	1:06.7	5	18:50.5	9:25	1:17:22.2
6	77	Michael Eldred	36	47	8	20:24.5	10:12	1:33.5	3	33:46.5	17.8	1:39.0	7	22:56.4	11:28	1:20:20.0
7	85	Kevin Tambascio	122	43	7	18:55.9	9:28	2:26.7	6	38:13.6	15.7	1:38.8	8	23:21.7	11:41	1:24:36.9
8	86	Rob Mathis	78	47	6	18:33.7	9:17	2:21.8	8	41:31.5	14.5	2:17.7	6	19:56.0	9:58	1:24:40.9
9	111	Gary Gardner	50	47	9	27:22.0	13:41	1:22.7	9	50:14.8	11.9	1:16.3	9	32:23.7	16:12	1:52:39.7

Female 50 to 59

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	16	Elizabeth Emery	37	57	5	16:34.3	8:17	1:15.8	1	27:37.2	21.7	1:25.1	4	17:21.7	8:41	1:04:14.3
2	19	Pamela Semanik	113	56	3	15:37.5	7:49	1:13.6	2	30:57.7	19.4	0:59.7	3	16:23.6	8:12	1:05:12.3
3	24	Sheryl Chatfield	19	59	1	14:44.9	7:22	1:09.8	4	32:45.6	18.3	1:24.4	2	15:54.9	7:57	1:05:59.8
4	40	Rosalie Franek	47	57	2	15:11.6	7:36	1:37.1	8	36:40.5	16.4	1:18.4	1	15:22.6	7:41	1:10:10.4
5	41	Nancy Lyon-Stadler	75	59	7	17:43.2	8:52	1:04.2	3	32:05.6	18.7	0:56.9	7	18:29.7	9:15	1:10:19.7

Race Date
June 13, 2021

2021 Twinsburg Duathlon

Age Group Results

Individual

Female 50 to 59

Place			----2M Run ----			T1	----10M Bike ----			T2	----2M Run ----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
6	51	Beth Darmstadter	27	55	10	18:09.7	9:05	1:32.6	6	34:09.3	17.6	1:02.8	6	18:24.5	9:12	1:13:19.2
7	52	Diane Downey	32	50	8	17:44.8	8:52	1:22.1	7	34:24.4	17.4	1:07.3	8	19:16.2	9:38	1:13:54.9
8	63	Elaine Chontos	21	56	6	16:58.1	8:29	0:58.6	11	39:02.8	15.4	0:55.8	5	18:05.7	9:03	1:16:01.1
9	64	Stacy Rhea	102	53	13	19:09.6	9:35	0:49.5	5	33:38.9	17.8	1:01.6	11	21:29.6	10:45	1:16:09.4
10	66	Aimee Millward	84	53	12	18:24.4	9:12	1:21.7	9	36:47.0	16.3	1:14.2	10	19:49.3	9:55	1:17:36.8
11	68	Denise Douglas	31	57	9	17:58.0	8:59	1:33.6	10	37:09.4	16.2	1:38.2	9	19:38.5	9:49	1:17:58.0
12	100	Laurie Weiner	132	57	15	22:29.1	11:15	1:22.2	12	40:48.3	14.7	2:04.1	12	23:57.2	11:59	1:30:41.2
13	104	Rebecca Krumhansl	65	52	14	21:31.8	10:46	2:17.2	14	42:51.8	14.0	1:38.0	13	24:51.8	12:26	1:33:10.7
14	106	Alla Chistik	20	59	16	24:56.4	12:28	2:03.5	13	42:07.6	14.2	2:29.3	14	26:42.9	13:21	1:38:19.9
15	109	Ryan Devine	29	50	4	16:22.6	8:11	1:15.3	15	47:42.0	12.6	2:20.0	16	41:00.0	20:30	1:48:40.0
16	113	Teresa Brown-Sayles	11	52	17	40:08.8	20:04	1:57.8	16	1:15:23.4	7.96	1:50.9	15	37:04.8	18:32	2:36:25.8

Male 50 to 59

Place			----2M Run ----			T1	----10M Bike ----			T2	----2M Run ----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	4	Mark Durno	33	52	1	12:51.6	6:26	0:45.7	1	28:51.3	20.8	0:43.6	1	13:58.4	6:59	57:10.9
2	18	Curt Bachus	8	56	3	14:35.3	7:18	1:06.4	2	31:38.0	19.0	1:01.8	4	16:22.6	8:11	1:04:44.2
3	28	Matt Luck	74	53	5	14:43.4	7:22	0:50.5	6	33:59.5	17.7	1:09.2	7	16:56.3	8:28	1:07:39.0
4	30	james Nahra	88	53	4	14:41.7	7:21	1:05.7	10	34:47.8	17.2	0:53.9	6	16:35.6	8:18	1:08:04.8
5	33	Tony Noxon	91	58	2	14:17.7	7:09	2:07.0	11	34:51.4	17.2	1:39.2	2	15:24.5	7:42	1:08:20.0
6	35	James Ziegelmeier	146	58	8	16:16.3	8:08	1:33.6	9	34:31.3	17.4	0:53.4	3	15:29.5	7:45	1:08:44.3
7	37	Mike Williams	137	50	9	16:40.8	8:20	1:15.3	4	32:29.9	18.5	1:16.7	10	17:42.9	8:51	1:09:25.9
8	43	Tony Laviano	69	54	6	15:13.5	7:37	1:36.3	14	36:03.8	16.6	1:36.5	8	17:06.4	8:33	1:11:36.7
9	55	Dale Carrick	18	59	14	18:21.7	9:11	1:32.9	3	32:11.8	18.6	1:53.4	13	20:06.5	10:03	1:14:06.5
10	69	Richard King	61	53	16	21:14.7	10:37	0:47.6	8	34:12.5	17.5	0:43.6	14	21:04.2	10:32	1:18:02.8

2021 Twinsburg Duathlon

Age Group Results

Individual

Race Date
June 13, 2021

Male 50 to 59

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
11	72	Jim Shafer	114	59	11	17:15.6	8:38	1:19.2	17	41:21.4	14.5	1:18.4	9	17:41.7	8:51	1:18:56.5
12	75	Brian Willaman	135	50	15	19:26.7	9:43	2:11.6	7	34:12.3	17.5	2:42.7	15	21:11.0	10:36	1:19:44.5
13	80	Scott Moss	86	52	13	18:17.2	9:09	2:24.7	16	39:29.0	15.2	2:13.0	12	20:05.2	10:03	1:22:29.3
14	84	ron ekstrom	35	52	7	15:23.3	7:42	0:54.9	18	48:41.1	12.3	1:28.5	11	18:02.6	9:01	1:24:30.6
15	87	John Ferrelli	41	53	17	21:21.2	10:41	1:39.3	13	35:51.0	16.7	1:29.4	18	25:57.5	12:59	1:26:18.6
16	89	Peter Manning	76	59	18	22:50.6	11:25	1:15.9	12	35:17.2	17.0	2:20.0	17	24:47.1	12:24	1:26:31.1
17	97	mick snider	118	57	12	17:56.6	8:58	1:01.4	19	51:36.1	11.6	2:20.8	5	16:34.7	8:17	1:29:29.9
18	99	Michael Pastva	93	55	19	23:12.4	11:36	2:11.5	15	39:07.6	15.3	2:16.6	16	23:08.0	11:34	1:29:56.3
19	110	Quintin Lovicks	73	53	20	24:18.8	12:09	1:24.4	20	52:29.5	11.4	1:22.1	19	30:17.5	15:09	1:49:52.4

Female 60 to 69

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	53	Moira Fair	40	62	1	17:26.0	8:43	1:33.6	3	35:15.0	17.0	1:21.4	1	18:21.7	9:11	1:13:57.8
2	56	Laura Jones	59	61	2	18:27.8	9:14	1:06.0	2	34:48.9	17.2	0:47.5	2	19:33.1	9:47	1:14:43.4
3	62	Tove Shere	117	68	3	19:31.2	9:46	1:06.6	1	32:36.0	18.4	1:06.7	4	21:27.9	10:44	1:15:48.6
4	81	Cindy Wildman	134	69	4	19:56.9	9:58	1:16.5	6	40:46.8	14.7	1:17.5	3	20:19.8	10:10	1:23:37.7
5	82	Tanya Cady	15	68	5	20:13.4	10:07	1:17.5	4	38:33.3	15.6	1:38.3	6	22:23.1	11:12	1:24:05.8
6	90	Margie Carr	17	65	6	21:24.9	10:42	2:40.3	5	39:26.2	15.2	2:11.5	5	21:44.8	10:52	1:27:27.9

Male 60 to 69

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time

2021 Twinsburg Duathlon

Age Group Results

Individual

Race Date
June 13, 2021

Male 60 to 69

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	13	John Zangmeister	143	62	4	15:15.3	7:38	0:44.7	1	29:51.5	20.1	0:58.0	4	15:53.8	7:57	1:02:43.6
2	15	Kenneth Frankenbery	48	65	1	14:08.4	7:04	0:59.6	4	32:44.9	18.3	0:48.7	2	15:06.9	7:33	1:03:48.7
3	20	Patrick Kelley	60	61	3	15:10.5	7:35	1:05.0	2	30:47.0	19.5	1:20.9	6	17:08.1	8:34	1:05:31.7
4	21	DOMINIC VISCONSI	128	62	5	15:30.5	7:45	1:09.8	3	32:01.4	18.7	0:58.7	5	15:55.9	7:58	1:05:36.5
5	32	Rob McCarty	79	60	2	14:21.0	7:11	2:23.1	7	34:58.5	17.2	1:10.4	3	15:18.3	7:39	1:08:11.5
6	36	Jim Sprankle	120	67	7	17:04.2	8:32	1:48.9	5	33:53.3	17.7	1:37.5	1	14:57.2	7:29	1:09:21.2
7	73	Steve Wilson	138	66	8	20:02.1	10:01	1:52.1	6	33:55.1	17.7	2:02.6	8	21:09.8	10:35	1:19:01.8
8	74	Timothy Powell	98	61	6	16:47.6	8:24	0:46.8	9	41:52.6	14.3	1:31.7	7	18:28.0	9:14	1:19:26.9
9	103	Brien Shanahan	116	67	9	22:39.3	11:20	1:29.3	8	40:21.3	14.9	1:57.6	9	25:12.8	12:36	1:31:40.5

Male 70 to 79

Place			-----2M Run -----			T1	-----10M Bike -----			T2	-----2M Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	57	Jeff Nelson	90	71	1	18:14.7	9:07	1:54.3	1	33:17.0	18.0	1:50.0	2	19:30.2	9:45	1:14:46.4
2	79	John Plough	96	73	3	20:00.1	10:00	2:47.1	2	39:51.2	15.1	0:48.2	1	18:25.2	9:13	1:21:52.0
3	83	Genaro Lara	67	70	2	19:47.5	9:54	1:19.1	3	41:27.8	14.5	1:21.7	3	20:32.3	10:16	1:24:28.6

Race Date
June 13, 2021

2021 Twinsburg Duathlon

Age Group Results

2 Member Relay

Male No Age Provided

Place		Name	Bib No	Age	----2M Run ----			T1	----10M Bike ----			T2	----2M Run ----			Total
Place	Overall				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	1	TEAM Robeck	2073		4	14:11.0	7:06	0:44.2	1	23:45.3	25.3	0:49.8	2	14:33.1	7:17	54:03.5
2	2	TEAM Lake Effect	1790		1	13:35.8	6:48	0:49.5	3	32:19.2	18.6	0:45.1	1	14:07.6	7:04	1:01:37.5
3	3	TEAM No Name	1836		8	17:00.8	8:30	0:46.5	2	27:12.5	22.1	0:42.1	6	17:10.0	8:35	1:02:52.2
4	4	TEAM Luman Ladies	2027		3	14:04.0	7:02	0:43.6	6	33:58.1	17.7	0:31.5	3	14:47.9	7:24	1:04:05.2
5	5	TEAM Federinko	1730		6	15:53.4	7:57	0:43.9	5	33:05.3	18.1	0:43.1	5	16:57.5	8:29	1:07:23.4
6	6	TEAM Kids That Tri 1	2074		5	15:25.4	7:43	0:43.1	7	35:58.7	16.7	0:32.2	4	16:52.0	8:26	1:09:31.6
7	7	TEAM Rock-n-Roll	2109		9	17:20.1	8:40	0:43.4	4	32:57.9	18.2	0:37.3	9	18:32.8	9:16	1:10:11.6
8	8	TEAM 137	2192		7	17:00.1	8:30	0:53.6	8	36:08.5	16.6	0:40.6	7	17:31.7	8:46	1:12:14.7
9	9	TEAM Age Before Beauty	1062		10	17:55.9	8:58	0:54.2	11	39:16.8	15.3	0:49.7	8	18:07.2	9:04	1:17:04.0
10	10	TEAM Noe	2144		12	22:31.7	11:16	1:00.9	10	38:42.6	15.5	0:40.2	11	24:16.1	12:08	1:27:11.7
11	11	TEAM Kids That Tri 2	2010		13	23:19.5	11:40	0:49.8	9	38:30.2	15.6	0:45.3	13	24:58.2	12:29	1:28:23.2
12	12	TEAM The Pioneers	2110		11	19:58.6	9:59	1:07.7	12	44:07.0	13.6	2:33.8	10	20:47.6	10:24	1:28:34.8
13	13	TEAM 814	1724		14	24:14.2	12:07	0:51.1	13	47:08.8	12.7	0:45.7	12	24:26.4	12:13	1:37:26.4

Race Date
June 13, 2021

2021 Twinsburg Duathlon
Age Group Results
3 Member Relay

Male No Age Provided

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>----2M Run ----</u>			<u>T1</u>	<u>----10M Bike ----</u>			<u>T2</u>	<u>----2M Run ----</u>			<u>Total</u>
					<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	TEAM Rainbow Sprinkles	1171		2	17:28.8	8:44					51:15.3	1	17:54.5	8:57	1:26:38.7
2	2	TEAM Devine	1424		1	16:23.6	8:12	1:17.1	1	44:09.1	13.6	1:10.1	2	24:17.9	12:09	1:27:18.1